

Place	*-----NAME-----*	Age	H'Cap	Raw Time 8/19/2014	Raw Avg MPH	H'cap Time	Place	Pts	Pnlty
				5.0000					
<b>1</b>	Craig Groendyke	68	1.213	0:24:03	12.47	22:31.61	6	<b>139</b>	177
<b>2</b>	Greg Turpen	48	1.059	0:19:05	15.72	20:22.21	1	<b>137</b>	171
<b>2</b>	John Burke	47	1.054	0:20:53	14.37	22:21.80	5	<b>137</b>	171
<b>4</b>	Diana Spangle	59	1.28	0:26:12	11.45	23:16.13	9	<b>136</b>	174
<b>5</b>	Lori Selby	53	1.244	0:27:10	11.04	24:05.29		<b>125</b>	135
<b>5</b>	Dick Koenigs	69	1.228	0:26:52	11.17	24:07.70		<b>125</b>	135
<b>7</b>	Brian Schur	41	1.029	0:21:36	13.89	22:47.48	8	<b>119</b>	117
<b>8</b>	Kristin Anderson	56	1.261	0:30:12	9.93	25:50.95		<b>118</b>	114
<b>8</b>	Jerry Youngblood	77	1.404	0:50:00	6.00	37:30.75		<b>118</b>	114
<b>10</b>	David Painter	60	1.12	0:26:16	11.42	24:57.14		<b>110</b>	90
<b>10</b>	Steve Canaday	67	1.198	0:28:47	10.42	25:31.57		<b>110</b>	90
<b>12</b>	Diane Strycula	53	1.244	0:29:50	10.06	25:25.91		<b>109</b>	87
<b>13</b>	Pete Swanger	52	1.076	0:22:29	13.34	22:20.72	4	<b>104</b>	108
<b>14</b>	Steve Anderson	54	1.084	0:24:30	12.24	23:42.09		<b>102</b>	66
<b>15</b>	Anne Farawila	39	1.176	0:27:01	11.10	24:37.40		<b>101</b>	99
<b>16</b>	Missi Solbrack	54	1.249	0:29:41	10.11	24:45.94		<b>100</b>	60
<b>16</b>	Jennifer Comfort	37	1.169	0:27:51	10.77	25:25.43		<b>100</b>	96
<b>18</b>	Csilla Kuehn	46	1.21	0:27:32	10.90	23:21.29	10	<b>93</b>	39
<b>19</b>	Bill Pofahl	63	1.145	0:30:17	9.91	26:59.90		<b>91</b>	33
<b>20</b>	Ian Hoffman	40	1.025	0:27:47	10.80	27:45.34		<b>89</b>	39
<b>21</b>	Ted Hohl	52	1.076	0:27:35	10.88	26:02.10		<b>88</b>	24
<b>22</b>	Pat Lee	44	1.042	Free				<b>86</b>	18
<b>23</b>	Bill Hanf	65	1.168	0:28:23	10.57	24:57.05		<b>85</b>	39
<b>24</b>	Robert Marshall	70	1.246	0:32:02	9.37	26:30.54		<b>84</b>	48
<b>25</b>	Brad Solbrack	58	1.106	0:27:32	10.90	24:53.67		<b>80</b>	
<b>25</b>	Ron D Hale	55	1.09	0:29:36	10.14	27:09.36		<b>80</b>	
<b>25</b>	Randy Luchsinger	56	1.095	0:30:30	9.84	28:03.23		<b>80</b>	12
<b>25</b>	Stan McCue	58	1.106	0:31:37	9.49	28:35.19		<b>80</b>	
<b>25</b>	Tom Kirchner	66	1.183	0:41:25	7.24	35:00.59		<b>80</b>	
<b>25</b>	Evelyn Painter	85	1.951					<b>80</b>	93
<b>31</b>	Ben Volk	49	1.063	0:25:19	11.85	24:36.97		<b>76</b>	48
<b>32</b>	Darrel Brown	34	1.006	0:23:36	12.71	23:48.55		<b>75</b>	21
<b>33</b>	Mark McLean	59	1.112	0:22:36	13.27	21:43.42	2	<b>73</b>	111
<b>34</b>	John Limbaugh	44	1.042	0:21:54	13.70	22:37.04	7	<b>72</b>	108
<b>34</b>	Barry Nichols	40	1.025	0:28:38	10.48	27:56.10		<b>72</b>	
<b>34</b>	Dave Fischer	64	1.154	0:38:36	7.77	33:26.93		<b>72</b>	
<b>37</b>	Aaron Stites	38	1.018	0:27:05	11.08	27:33.27		<b>71</b>	57
<b>38</b>	Joshua Alms	34	1.006	0:28:22	10.58	28:11.85		<b>68</b>	
<b>38</b>	Mark Sturges	51	1.071					<b>68</b>	48

40	Steve McDuffie	49	1.063					65	63
41	Richard Grondin	56	1.095	0:35:15	8.51	32:11.51		64	
41	Porter Withers	14	1.145					64	12
43	Cris Haley	58	1.106					63	117
44	Diane Hanf	58	1.274	0:37:52	7.92	29:43.36		60	
45	Brad Atencio	49	1.063					52	
46	Mark Skiffington	33	1.003	0:22:06	13.57	22:20.03	3	50	42
47	Chad Eder	40	1.025					49	15
48	Becky Bechtold	69	1.414					48	
48	Leah Swanger	49	1.224					48	
50	Michael McNeill	33	1.003					45	15
51	Alexis Painter	31	1.148					44	
52	Jack Elliott	13	1.2	0:29:45	10.08	24:47.50		40	
52	Tim Elliott	62	1.137					40	60
52	Ashley Fischer	30	1.145					40	
55	Damion Miller	45	1.046	0:25:17	11.87	24:31.29		39	21
56	Ryan Conrad	34	1.006					36	
56	Florence Kirchner	67	1.38					36	
56	Wendy Owen	55	1.255					36	
59	Linda McLean	58	1.274					35	21
60	Ken Call	48	1.059					28	
60	Ben Holten	37	1.015					28	
60	Jon Magnuson	53	1.08					28	12
60	Paul Meier	61	1.128					28	
60	Torka Poet	48	1.219					28	
60	Lance Stites	13	1.2					28	
60	Steve Stites	61	1.128					28	
67	Andrew Streibeck	25	1					26	6
68	Alan Hayden	54	1.084					24	
68	Gary Hopkins	53	1.08					24	
68	John MacArthur	50	1.067					24	
68	Tom Owen	58	1.106					24	
72	Alex Nelson	25	1	0:24:40	12.16	24:58.00		22	18
73	Porter McMichael	16	1.052	0:27:19	10.98	25:57.98		20	
73	Andy Dolph	51	1.071					20	
73	Roberta Heydenreich	47	1.214					20	
76	George Fraga	53	1.08					16	
76	TJ Hohl	20	1					16	
76	Jeff Hosler	39	1.021					16	
76	April Ottey	48	1.219					16	
76	Rod Scrimsher	48	1.059					16	
76	Eileen Tanner	49	1.224					16	
82	(Tandem) Atencio	47	1.1415					12	

<b>82</b>	Kirsten Dolph	18	1.143				<b>12</b>
<b>82</b>	Maria Heineman	45	1.205				<b>12</b>
<b>82</b>	Lamar Linde	51	1.071				<b>12</b>
<b>82</b>	Lila Meglio	56	1.261				<b>12</b>
<b>82</b>	Taylor Pilant	41	1.029				<b>12</b>
<b>88</b>	Brenda Atencio	45	1.205				<b>8</b>
<b>88</b>	Ryan Brown	39	1.021				<b>8</b>
<b>88</b>	Kathy Fischer	44	1.2				<b>8</b>
<b>88</b>	Ghislaine Joly	43	1.195				<b>8</b>
<b>88</b>	Lewis Kenworthy	58	1.106				<b>8</b>
<b>88</b>	Kate Samuelson	56	1.261				<b>8</b>
<b>88</b>	Catiana Coghlan	36	1.166				<b>8</b>

*-----NAME-----*	Age	H'Cap	Raw Time 8/19/2014	Raw Avg	H'cap Time	Place	Pts	Pnlty
			5.0000	MPH				
Greg Turpen	48	1.059	0:19:05	15.72	<b>20:22.21</b>	1	137	171
Mark McLean	59	1.112	0:22:36	13.27	<b>21:43.42</b>	2	73	111
Mark Skiffington	33	1.003	0:22:06	13.57	<b>22:20.03</b>	3	50	42
Pete Swanger	52	1.076	0:22:29	13.34	<b>22:20.72</b>	4	104	108
John Burke	47	1.054	0:20:53	14.37	<b>22:21.80</b>	5	137	171
Craig Groendyke	68	1.213	0:24:03	12.47	<b>22:31.61</b>	6	139	177
John Limbaugh	44	1.042	0:21:54	13.70	<b>22:37.04</b>	7	72	108
Brian Schur	41	1.029	0:21:36	13.89	<b>22:47.48</b>	8	119	117
Diana Spangle	59	1.28	0:26:12	11.45	<b>23:16.13</b>	9	136	174
Csilla Kuehn	46	1.21	0:27:32	10.90	<b>23:21.29</b>	10	93	39
Steve Anderson	54	1.084	0:24:30	12.24	<b>23:42.09</b>		102	66
Darrel Brown	34	1.006	0:23:36	12.71	<b>23:48.55</b>		75	21
Lori Selby	53	1.244	0:27:10	11.04	<b>24:05.29</b>		125	135
Dick Koenigs	69	1.228	0:26:52	11.17	<b>24:07.70</b>		125	135
Damion Miller	45	1.046	0:25:17	11.87	<b>24:31.29</b>		39	21
Ben Volk	49	1.063	0:25:19	11.85	<b>24:36.97</b>		76	48
Anne Farawila	39	1.176	0:27:01	11.10	<b>24:37.40</b>		101	99
Missi Solbrack	54	1.249	0:29:41	10.11	<b>24:45.94</b>		100	60
Jack Elliott	13	1.2	0:29:45	10.08	<b>24:47.50</b>		40	
Brad Solbrack	58	1.106	0:27:32	10.90	<b>24:53.67</b>		80	
Bill Hanf	65	1.168	0:28:23	10.57	<b>24:57.05</b>		85	39
David Painter	60	1.12	0:26:16	11.42	<b>24:57.14</b>		110	90
Alex Nelson	25	1	0:24:40	12.16	<b>24:58.00</b>		22	18
Jennifer Comfort	37	1.169	0:27:51	10.77	<b>25:25.43</b>		100	96
Diane Strycula	53	1.244	0:29:50	10.06	<b>25:25.91</b>		109	87
Steve Canaday	67	1.198	0:28:47	10.42	<b>25:31.57</b>		110	90
Kristin Anderson	56	1.261	0:30:12	9.93	<b>25:50.95</b>		118	114
Porter McMichael	16	1.052	0:27:19	10.98	<b>25:57.98</b>		20	
Ted Hohl	52	1.076	0:27:35	10.88	<b>26:02.10</b>		88	24
Robert Marshall	70	1.246	0:32:02	9.37	<b>26:30.54</b>		84	48
Bill Pofahl	63	1.145	0:30:17	9.91	<b>26:59.90</b>		91	33
Ron D Hale	55	1.09	0:29:36	10.14	<b>27:09.36</b>		80	
Aaron Stites	38	1.018	0:27:05	11.08	<b>27:33.27</b>		71	57
Ian Hoffman	40	1.025	0:27:47	10.80	<b>27:45.34</b>		89	39
Barry Nichols	40	1.025	0:28:38	10.48	<b>27:56.10</b>		72	
Randy Luchsinger	56	1.095	0:30:30	9.84	<b>28:03.23</b>		80	12
Joshua Alms	34	1.006	0:28:22	10.58	<b>28:11.85</b>		68	
Stan McCue	58	1.106	0:31:37	9.49	<b>28:35.19</b>		80	
Diane Hanf	58	1.274	0:37:52	7.92	<b>29:43.36</b>		60	

Richard Grondin	56	1.095	0:35:15	8.51	<b>32:11.51</b>	64	
Dave Fischer	64	1.154	0:38:36	7.77	<b>33:26.93</b>	72	
Tom Kirchner	66	1.183	0:41:25	7.24	<b>35:00.59</b>	80	
Jerry Youngblood	77	1.404	0:50:00	6.00	<b>37:30.75</b>	118	114
Evelyn Painter	85	1.951				80	93
Mark Sturges	51	1.071				68	48
Steve McDuffie	49	1.063				65	63
Porter Withers	14	1.145				64	12
Cris Haley	58	1.106				63	117
Brad Atencio	49	1.063				52	
Chad Eder	40	1.025				49	15
Becky Bechtold	69	1.414				48	
Leah Swanger	49	1.224				48	
Michael McNeill	33	1.003				45	15
Alexis Painter	31	1.148				44	
Tim Elliott	62	1.137				40	60
Ashley Fischer	30	1.145				40	
Ryan Conrad	34	1.006				36	
Florence Kirchner	67	1.38				36	
Wendy Owen	55	1.255				36	
Linda McLean	58	1.274				35	21
Ken Call	48	1.059				28	
Ben Holten	37	1.015				28	
Jon Magnuson	53	1.08				28	12
Paul Meier	61	1.128				28	
Torka Poet	48	1.219				28	
Lance Stites	13	1.2				28	
Steve Stites	61	1.128				28	
Andrew Streibeck	25	1				26	6
Alan Hayden	54	1.084				24	
Gary Hopkins	53	1.08				24	
John MacArthur	50	1.067				24	
Tom Owen	58	1.106				24	
Andy Dolph	51	1.071				20	
Roberta Heydenreich	47	1.214				20	
George Fraga	53	1.08				16	
TJ Hohl	20	1				16	
Jeff Hosler	39	1.021				16	
April Ottey	48	1.219				16	
Rod Scrimsher	48	1.059				16	
Eileen Tanner	49	1.224				16	
(Tandem) Atencio	47	1.1415				12	
Kirsten Dolph	18	1.143				12	

	Maria Heineman	45	1.205					12	
	Lamar Linde	51	1.071					12	
	Lila Meglio	56	1.261					12	
	Taylor Pilant	41	1.029					12	
	Brenda Atencio	45	1.205					8	
	Ryan Brown	39	1.021					8	
	Kathy Fischer	44	1.2					8	
	Ghislaine Joly	43	1.195					8	
	Lewis Kenworthy	58	1.106					8	
	Kate Samuelson	56	1.261					8	
	Pat Lee	44	1.042	Free				86	18
	Catiana Coghlan	36	1.166					8	

