

Chinook Devo Calendar

November 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 Chinook Club ride Short and "easy" 9 am Chamna Parking lot Gravel — MTB	1	2	3	4	5	6 Chinook Club ride North Pasco Gravel 40 9 am — Roasters, Richland Ladies Team ride (road) Columbia Point — 9am
7 Chinook Club ride Around the Horn 33.5 9 am Gravel — MTB Chamna Parking lot	8	9 Team Resistance Training Aaron Stites 6:00 pm Phoenix Therapy	10	11	12	13 Chinook Club ride Finley Gravel 42 9 am — Roasters, Richland Chinook MTB event 10 am — Echo, OR
14 Chinook Club ride Candy-Thompson 30 9 am Gravel — MTB Chamna Parking lot	15	16	17	18 Team Spin Class Dan Cooley 6:00 pm Phoenix Therapy	19	20 Chinook Club ride McBee Gravel 40 9 am — Roasters, Richland Gravel — MTB
21 Chinook Club ride Around the Horn 33.5 9 am Gravel — MTB Chamna Parking lot	22	23 Team Resistance Training Aaron Stites 6:00 pm Phoenix Therapy	24	25	26	27 Chinook Club ride North Pasco Gravel 40 9 am — Roasters, Richland Gravel — MTB
28 Chinook Club ride Candy-Thompson 30 9 am Gravel — MTB Chamna Parking lot	29	30	1	2 Team Spin Class Dan Cooley 6:00 pm Phoenix Therapy	3	4 Chinook Club ride Finley Gravel 42 9 am — Roasters, Richland Gravel — MTB

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28 Chinook Club ride Candy-Thompson 30 9 am Gravel — MTB Chamna Parking lot	29	30	1	2 Team Spin Class Dan Cooley 6:00 pm Phoenix Therapy	3	4 Chinook Club ride Finley Gravel 42 9 am — Roasters, Richland Chinook MTB event 10 am — Chamna II
5 Chinook Club ride Around the Horn 33.5 9 am Gravel — MTB Chamna Parking lot	6 Team Clinic "Off Season work = on season peak performance" Aaron Stites — 6 pm Phoenix Therapy	7 Team Resistance Training Aaron Stites 6:00 pm Phoenix Therapy	8	9	10	11 Chinook Club ride McBee Gravel 40 9 am — Roasters, Richland Gravel — MTB
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26 Chinook Club ride Candy-Thompson 30 9 am Gravel — MTB Chamna Parking lot	27	28	29	30 Team Spin Class Dan Cooley 6:00 pm Phoenix Therapy	31	1 Chinook Club ride McBee Gravel 40 9 am — Roasters, Richland Gravel — MTB