



Tri-Cities
Washington

Chinook Spring Cycling Camp 2022 Lewiston, ID

The dates are set and it is time to mark your calendar, **March 29 – April 1** will be 2023's Chinook Spring Training Camp in Lewiston, Idaho. We have 24 spots available to Chinook members. The sign up will open on January 2nd. There will be more information to follow but we wanted to get the dates out so you can begin looking at your schedule and get the time off if you are interested in attending the camp.

When registration opens you will be required to pay a non-refundable \$50 deposit which will secure a spot for you. If the trip is canceled for some unforeseen reason your deposit will be returned.

We will be staying at the Hells Canyon Grand Hotel and riding from there each day. We have 15 double queen rooms available at \$129/night for double booking which includes a full hot breakfast.

The routes will be very similar to last years. There may be a couple of tweaks but if you complete the route each day you will accumulate **334 miles and 25K' of climbing**. The Chinook Van will be sagging us, (Thank you Carol Simmons) and providing lunch each day.

Camp cost will be \$175, most of this is to cover SAG support and will include daily lunches and some snacks. You will be responsible for room and dinner expenses.



CHINOOK

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Wed 3/29 Day 1 - Wawawai Gr, Pullman, Moscow, Genesee, Spiral Hwy (100 miles 4,300')

<https://www.strava.com/routes/2765693352603291794>

Route heads West along the Snake River for 32 flat miles until reaching Wawawai grade which is a 2,000' climb over 6 miles. We will go through Pullman, Moscow, and Genesee before descending the Spiral Hwy (2,000' descent with lots of fun corners) back into Lewiston.

Thur 3/30 Day 2 - Tammany Creek, Waha Lake, Lindsey Crk (61 miles 4,500')

<https://www.strava.com/routes/2766409126253388850>

Route heads Southeast on a steady climb to 3,700' at Waha lake then return to Lewiston with a 5 mile out and back spur along Webb Rd.

Fri 3/31 Day 3 - Spiral Hwy-Cloverland Grade (71 miles 4850')

<https://www.strava.com/routes/2766124920962120364>

Route heads North out of Lewiston to ascend the Spiral Hwy, same road we descended on Day 1. Turn around at the top and descend, then head South to Asotin turning right to follow Asotin Creek for 3 miles before veering left and ascending the grade to Cloverland M47.5 (2,950') turn around.

Sat 4/1 Day 4 - Asotin, Anatone, Rattlesnake Gr, Joseph Canyon Lookout (102 miles 9,600')

<https://www.strava.com/routes/2745810150227450308>

Route heads South along the Snake River to Asotin where we begin a long steady climb to Rattlesnake summit at 4,000'. Followed by a 10-mile descent to Boggans Oasis where we cross the Grande Ronde River, then a steady climb to Joseph Canyon Lookout at M51(4,100') turn around.

This will be an epic trip and allow for some spectacular training with fellow Chinook riders. Please feel free to contact me if you have questions or need further info. Be on the lookout for emails with further information.

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