



# CHINOOK



## Chinook Spring Cycling Camp 2021 Lewiston, ID

**When** – March 31-April 3

**What** - 4 days of Road Cycling - 334 miles & 25K' of climbing if you complete the full route each day (there will also be shorter routes with less climbing available)

**Where** - We will be staying at the Red Lion Hotel in Lewiston. We have booked 10 double queen rooms at \$120.96/night for double occupancy which includes a full hot breakfast. (Fresh Fruit, Assorted Yogurts, Fresh Baked Breakfast Breads, Scrambled Eggs, Bacon and Sausage, Breakfast Potato's, Oatmeal and Biscuits and Gravy)

**No Worries** – Routes can be shortened and a Sag Wagon will be accompanying the group to provide support if needed.

### What To Do-

- Make sure your Chinook club membership is current, you must be an active member to participate.
- Reserve your spot by emailing Rodney Scrimsher at [cyclerod.66@gmail.com](mailto:cyclerod.66@gmail.com)
- Forward a non-refundable deposit of \$50.00 to [PayPal.me/chinookcycling](https://www.paypal.com/merchot/?cmd=_s-xclick&source=url). Deadline for registration is Feb 15<sup>th</sup>.
- Pay for your room, rooms are booked under Chinook Cycling Club and being held until Feb 28<sup>th</sup>. Call (208) 799-1000 to reserve/pay for your room. Rooms can be canceled up until March 29<sup>th</sup> without a charge to you.

**Costs-** \$50.00 Deposit will go towards shared costs (van fuel, lunches, and SAG support). If trip is canceled for unforeseen reason deposits will be refunded.

We are estimating an additional charge of approx \$50.00 due at time of trip to cover the remainder of these expenses. You are responsible for the cost of your room and dinners, lunches out on the road will be provided.

This will be a great opportunity to put in some quality miles early in the season and prepare you to have an amazing year. Please plan to join the Chinook crew for some epic training!





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## **Itinerary:**

Leave Tri-Cities March 30 in the evening and travel 2.5 hours to Lewiston. Chinook van and trailer will be making the trip but we will most likely need several personal vehicles? We will ride Wed, Thur, Fri, Sat and return home Saturday evening (April 3).

**Day 1**- Wawawai Gr, Pullman, Moscow, Genesee, Spiral Hwy (100 miles 4,300')  
<https://www.strava.com/routes/2765693352603291794>

Route heads West along the Snake River for 32 flat miles until reaching Wawawai grade which is a 2,000' climb over 6 miles. We will go through Pullman, Moscow, and Genesee before descending the Spiral Hwy (2,000' descent with lots of fun corners) back into Lewiston.

**B Ride option**- ride 32 miles flat to base of Wawawai grade; SAG to M48 (Hwy 195 crossing); Ride through Pullman and Moscow to Cornwall M67'; SAG to Genesee M82 or top of Spiral M91.5 Ride down Spiral Hwy to finish

**Day 2** - Tammany Creek, Waha Lake, Lindsey Crk (61 miles 4,500')

<https://www.strava.com/routes/2766409126253388850>

Route heads Southeast on a steady climb to 3,700' at Waha lake then returns to Lewiston with a 5 mile out and back spur along Webb Rd.

**B Ride option**- Ride to M21 (2,580') then SAG to Waha Lk M27.8 (3,700'); Ride the remainder of the route back to Lewiston, skip the out and back spur if tired



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**Day 3** - Asotin, Anatone, Rattlesnake Gr, Joseph Canyon Lookout (102 miles 9,600")  
<https://www.strava.com/routes/2745810150227450308>

Route heads South along Snake river to Asotin where we begin a long steady climb to Rattlesnake summit at 4,000'. Followed by a 10-mile descent to Boggans Oasis where we cross the Grande Ronde river, then a steady climb to Joseph Canyon Lookout at M51(4,100') turn around.

**B Ride option-** Ride to M20 (S-turn) SAG to M30.5 Rattlesnake smt (4,000'); Descend the grade passing Boggans (1250') then climb to 2<sup>nd</sup> hairpin corner M44.5 (2225') or 3<sup>rd</sup> hairpin M47.2 (3020') SAG to turn around M51 (4100'); Descend to Boggans M62 (1250') then SAG to Rattlesnake smt M72 (4,000'); Ride downhill to the finish

**Day 4** - Spiral Hwy-Cloverland Grade (71 miles 4850')  
<https://www.strava.com/routes/2766124920962120364>

Route heads North out of Lewiston to ascend the Spiral Hwy, same road we descended on Day 1. Turn around at the top and descend, then head South to Asotin turning right to follow Asotin Creek for 3 miles before veering left and ascending the grade to Cloverland M47.5 (2,950') turn around.

**B Ride option-** Ride the Spiral Hwy and up Asotin creek veering left towards Cloverland to M36 (1,000') SAG to Cloverland M47.5 (2,950'); Descend the grade and ride back to the finish

**SAG Driver Needed-** Do you have a spouse or friend who would like to come along and drive for the group? Any cyclists concerned about riding 4 days in a row? Consider riding 2 days and driving 2 days and splitting the SAG support with another cyclist? Hotel room and dinners will be provided for the SAG driver. Please email me if you know of potential drivers. Cyclero.d.66@gmail.com



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