

CHINOOK

Spring Road Series 2019

Spring is just around the corner so get ready and mark your calendar for the Chinook Spring Road Series. This year's schedule will include 3 Saturdays and will follow an ENDURO format. (4-6 timed segments interspersed throughout the ride with regrouping and moderate pace in between). Timed segments can be recorded with Strava or manually on your computer.

- Start time 9:30 am, ride instructions at 9:15
- Each rider must sign in and out
- No entry fees to ride just a current 2019 Chinook membership and signed participation waiver
- Training series will be based on elapsed time for Strava segments
- These are open courses with traffic, you must stop with a foot down at STOP signs, never cross center line and obey all traffic rules,
- Helmet required

March 23- Strava Route: WR Keene-Kennedy-Demoss-Rupert (26 miles)

Strava Segments: Belmont Blvd, Quarry Climb, Into the Wind, Demoss Northbound, Belmont Slope
Meet @ West Richland Physical Therapy parking lot 4791 W Van Giesen

April 13 – Strava Route: 397-B.O.Pky-SBofer-397-PiertRd & Back (34 miles)

Strava Segments: Bob Olsen Pkwy, WSP to 397 climb, 397 climb to 9 canyon, SR-397 W. Seal Spring to Olympia, MP2 to MP1, Hildebrand Headwind
Meet @ Desert Hills Middle School 1701 S Clodfelter Rd

April 27 –Strava Route: Badger-Webber-Travis-Locust-Clodfelter (36 miles)

Strava Segments: Badger West Dallas to Webber, Webber Canyon PS-JB climb, Travis Rd South County Wells to Sellards, Sellards Rd to Badger Canyon, Clodfelter Camelback Kicker, Locust Grove Autobahn
Meet @ Desert Hills Middle School 1701 S Clodfelter Rd

Ride organizer is Rod Scrimsher cyclero66@gmail.com for questions